



SEPSIS AWARENESS – KNOW THE SIGNS

1
5

2

3

4

Word Key

Clammy skin	Shortness of breath
Discomfort	Extreme pain
High heart rate	



Down:

Warning signs for sepsis can include (1) _____, (2) _____.

Across:

Warning signs for sepsis can include (3) _____, (4) _____, (5) _____.

CHECK YOUR KNOWLEDGE:

1. Sepsis can lead to (a) _____, (b) _____, and death.
2. People with chronic diseases such as kidney disease are at higher risk of infection and sepsis.
 - True
 - False
3. Warning signs for sepsis can include a combination of the following. Check all that apply:
 - Clammy or sweaty skin
 - Shortness of breath
 - High heart rate
 - Extreme pain or discomfort
 - None of the above



What is sepsis?

- Sepsis is the body's extreme and life-threatening response to an infection. It is a medical emergency that requires **immediate** attention, because it can lead to tissue damage, organ failure and death.
- Any infection, anywhere in the body, can cause sepsis. An infection results from germs entering the body and multiplying.
- Sepsis is **preventable** and **treatable**. When caught early, it can be treated with antibiotics and fluids.

Some people are at a higher risk of infection and sepsis than the general population. They include:

- Adults age 65 years or older;
- Children age one year or younger;
- People with chronic conditions such as kidney disease, diabetes, lung disease, or cancer;
- People with weakened immune systems.

Sepsis statistics

- In the United States, more than 1.5 million people get sepsis each year.
- At least 250,000 Americans die from sepsis each year.
- About 1 in 3 patients who die in a hospital have sepsis.

Signs and symptoms of sepsis

Sepsis can be difficult to diagnose because it happens quickly and can be confused with other conditions. Early signs of sepsis involve a combination of symptoms that can include infection (suspect or confirmed).

People with sepsis typically have more than one of these symptoms:

- Fever, shivering, or feeling very cold,
- Confusion or disorientation,
- High heart rate,
- Shortness of breath,
- Extreme pain or discomfort, or
- Clammy or sweaty skin.

If you think you may have sepsis

Call your doctor **IMMEDIATELY**, and tell him/her that you are concerned about sepsis. He/she may instruct you to go to your hospital's emergency department. You may be admitted to the hospital.

For more information on sepsis awareness and prevention, please visit the Centers for Disease Control and Prevention <https://www.cdc.gov/sepsis/education/patient-resources.html> or the New York State Sepsis Alliance <https://www.sepsis.org/>



To file a grievance, please contact:
IPRO End-Stage Renal Disease Network of New York
1979 Marcus Avenue, Lake Success, NY 11042-1072
Patient Toll-Free: (800) 238-3773 • Main: (516) 209-5578
• Fax: (516) 326-8929 • E-mail: info@nw2.esrd.net
• Web: network2.esrd.ipro.org

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