Patient Interest Checklist #4
Long-term Dialysis (1 yr. +)

Name_________________________ Date_____________________

I would like to know more about...

My medical condition:

☐ How can I keep my hematocrit from going up and down?
☐ How is my blood pressure and can it be improved?
☐ What is my Kt/V? Do I need to dialyze longer?
☐ Why do I need to dialyze if I don’t gain any weight?
☐ How can I avoid access problems?
☐ Do I have bone disease? If so, what treatments are available?
☐ When should I be concerned about pain in my chest?
☐ What causes heart failure, and how can I avoid it?
☐ What is amyloidosis, and how is it treated?
☐ What is peripheral neuropathy, and how is it treated?
☐ What is peripheral vascular disease, and how is it treated?
☐ Do I have other disease/problems that could change my treatment?
☐ Why do I need to bring in my medications to be checked?
☐ What can I do if I want to change treatments?
☐ How much of my treatment can I do by myself or at home?
☐ I am most concerned about_________________________.

My relationships with family and friends:

☐ How can attending patient care conferences help me or my family?
☐ Who can help my partner and me cope with relationship issues?
☐ Are there treatments that could improve my sexual function?
☐ Will I still be able to father/bear children?
☐ What can I do if my family disagrees with my treatment decisions?
☐ I am most concerned about_________________________.

My work/school/insurance:

☐ Who can help me with issues related to work or school?
☐ How can I find a part-time job?
☐ Can I work or go to school without losing disability benefits?
☐ Can dialysis be scheduled around my work or school hours?
☐ What should I do if my insurance changes?
☐ Who can help me with retirement planning?
☐ How can I be sure my family has enough money to live on?
☐ I am most concerned about_________________________.

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I would like to know more about...
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My eating:
- Where can I find more recipes and menus to fit my meal plan?
- Why is it important to eat enough protein?
- Why is it a problem if I eat too much phosphorus?
- Where can I find more information about the foods I like to eat?
- What does dialysis adequacy have to do with what I eat?
- What can I eat at restaurants and other people’s homes?
- Is it OK to skip meals when dialysis makes me very tired?

My future:
- How long can I live on dialysis?
- What do I need to know about other treatments for kidney failure?
- How can I keep up with the latest medical developments?
- Should I have a will?
- What are “advance directives” and do I need them?

My feelings:
- How do I deal with the fatigue and hopelessness I feel sometimes?
- What is depression, and how do I get help if I have it?
- How can I ask for help and pay back people who help me?
- How can I talk to others about the feelings I have?

My responsibilities:
- What is my role in controlling my weight gain & blood pressure?
- What is my role in my monthly blood test results?
- What is my role in keeping up regular exercise?
- What can I do if I disagree with some of my medical care?

My lifestyle and everyday activities:
- How can I have more energy to do the things I want to do?

My relationships with staff:
- Is it OK to question the team about my treatment?
- What can I do if a staff member and I don’t get along?
- Do I have any choice about who takes care of me at dialysis?

Other:
- Right now, I am most concerned about _____________________