Depression Screening: Network Resources

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Agenda

• Depression Screening
• Depression Screening Tools
Depression Screening

• Required for the 2019 QIP Score
• Each patient is to be evaluated for depression annually
  • It does not matter when the evaluation is done
• 30-day grace period after 2017 to complete the patient evaluations
• If a patient is identified as depressed, their chart will need to describe their subsequent treatment plan
• Transient patients are not required to be screened for depression
Depression Screening Tools

- Quick Inventory of Depressive Symptomatology – Self Report (QIDS-SR) Scale
- Beck Depression Inventory – II (BDI-II)
- Patient Health Questionnaire (PHQ-9)
- Hamilton Rating Scale for Depression (HAM-D)
- Center for Epidemiologic Studies Depression Scale (CES-D)
- Short Form (36) Health Survey (SF-36)
- Kidney Disease Quality of Life Questionnaire (KDQOL-SF)
Quick Inventory of Depressive Symptomatology – Self Report (QIDS-SR) Scale

- Self administered
- 16 item inventory
- Measures the severity of the symptoms of depression
Beck Depression Inventory – II (BDI-II)

- 21 item self-report instrument
- Designed to determine the presence and severity of symptoms of depression
- Creates a single score that indicates the intensity of the depressive symptoms
- Four point scale for each item ranging from 0 to 3
Patient Health Questionnaire (PHQ-9)

- Instrument to measure depression severity
- PHQ – three page self administered questionnaire
- PHQ-9 – nine item depression module of the PHQ
- PHQ-9 – scores of 5, 10, 15, and 20 represent mild, moderate, moderately severe and severe depression
Hamilton Rating Scale for Depression (HAM-D)

- Patient rated by a clinician
- Scored on a three or five point scale
- Scores over 20 indicate moderate, severe, or very severe depression
Center for Epidemiologic Studies Depression Scale (CES-D)

- 20 item measure assessing symptoms of depression with items phrased as self statements (ex: I feel hopeful about the future)
- Ratings based on a 4 point Likert scale ranging 0 (rarely or none of the time) to 3 (most or all the time [5 - 7 days])
- Measures symptoms associated with depression experienced during the past week
Short Form Health Survey (SF-36)

- 36 question survey to assess health status
- One multi-item scale that assesses eight health concepts
  1. Limitations on physical activities because of health problems
  2. Limitations on social activities because of physical and emotional problems
  3. Limitations on usual role activities because of physical health problems
  4. Bodily pain
  5. General mental health (psychological distress and well being)
  6. Limitations on usual role because of emotional problems
  7. Vitality
  8. General health perceptions
Kidney Disease Quality of Life Questionnaire (KDQOL-SF)

36 question survey with five subscales

- Measure of physical and mental functioning
- Burden of kidney disease
- Symptoms and problems (sore muscles, chest pain, problems with access)
- Effects of kidney disease on daily life (fluid limitations, diet restrictions, travel)
Summary

• Every patient needs to be assessed for depression
• There is no preferred evaluation tool, it is the choice of the clinician
• If treatment is needed, a subsequent treatment plan is to be documented detailing the next steps in the patient’s care.
Thank you

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